

DEVELOPMENTAL CHECKLIST - 12 TO 24 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

DATE
OBSERVED

MOVEMENT

- ✓ Walks alone (12-16 mos.)
- ✓ Pulls toys behind him while walking (13-16 mos.)
- ✓ Carries large toy or several toys while walking (12-15 mos.)
- ✓ Begins to run stiffly (16-18 mos.)
- ✓ Walks into ball (18-24 mos.)
- ✓ Climbs onto and down from furniture unsupported (16-24 mos.)
- ✓ Walks up and down stairs holding on to support (18-24 mos.)

HAND AND FINGER SKILLS

- ✓ Scribbles spontaneously (14-16 mos.)
- ✓ Turns over container to pour out contents (12-18 mos.)
- ✓ Builds tower of four blocks or more (20-24 mos.)

LANGUAGE

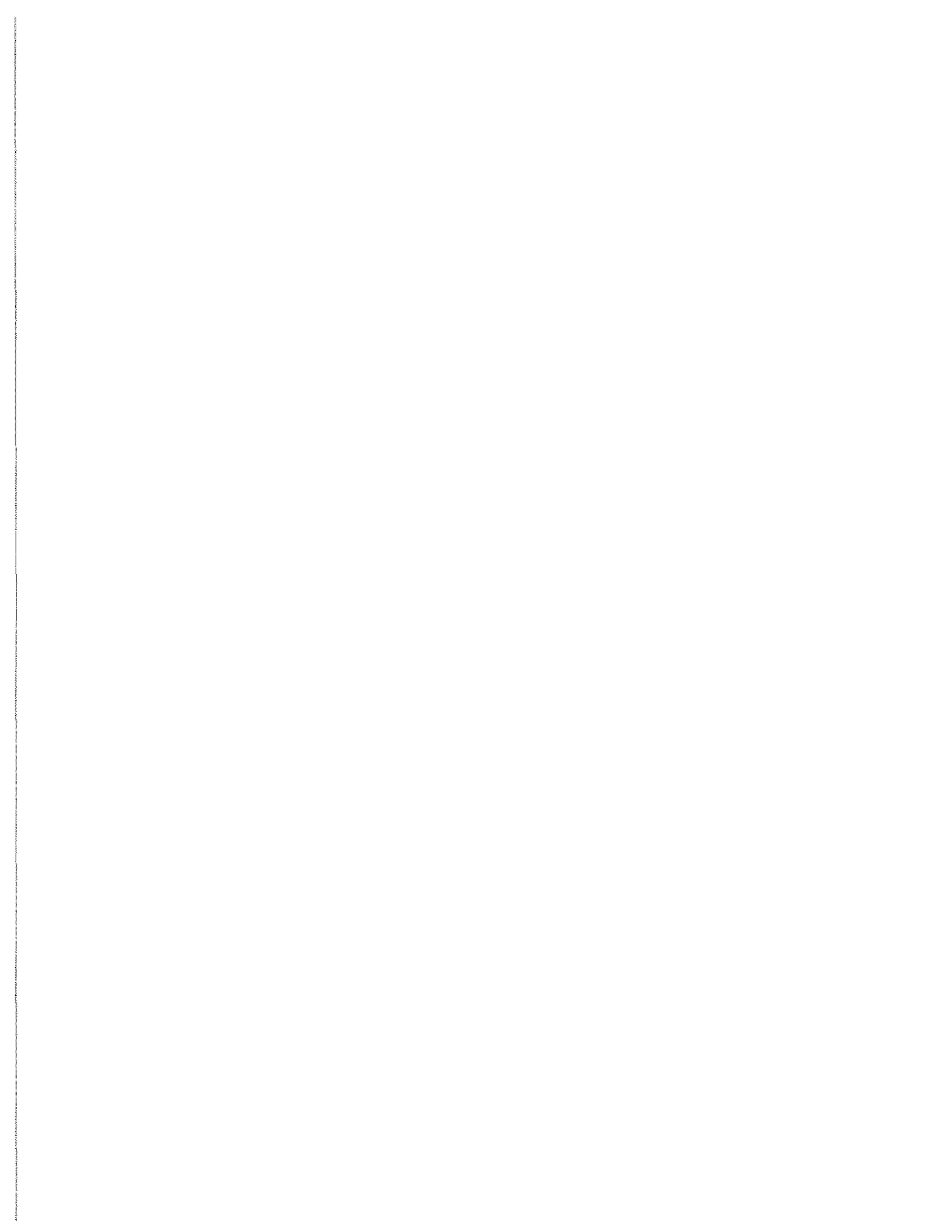
- ✓ Points to object or picture when it's named for them (18-24 mos.)
- ✓ Recognizes names of familiar people, objects, and body parts (18-24 mos.)
- ✓ Says several single words (15-18 mos.)
- ✓ Uses two-word sentences (18-24 mos.)
- ✓ Follows simple, one-step instructions (14-18 mos.)
- ✓ Repeats words overheard in conversations (16-18 mos.)

COGNITIVE

- ✓ Finds objects even when hidden under 2 or 3 covers
- ✓ Begins to sort shapes and colors (20-24 mos.)
- ✓ Begins make-believe play (20-24 mos.)

SOCIAL

- ✓ Imitates behavior of others, especially adults and older children (18-24 mos.)
- ✓ Increasingly enthusiastic about company or other children (20-24 mos.)
- ✓ Demonstrates increasing independence (18-24 mos.)
- ✓ Begins to show defiant behavior (18-24 mos.)
- ✓ Episodes of separation anxiety increase toward midyear, then fade



DEVELOPMENTAL CHECKLIST - 24 TO 36 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

**DATE
OBSERVED**

MOVEMENT

- ✓ Climbs well (24-30 mos.)
- ✓ Walks down stairs alone, placing both feet on each step (26-28 mos.)
- ✓ Walks up stairs alternating feet with support (24-30 mos.)
- ✓ Swings leg to kick ball (24-30 mos.)
- ✓ Runs easily (24-26 mos.)
- ✓ Pedals tricycle (30-36 mos.)
- ✓ Bends over easily without falling (24-30 mos.)

HAND AND FINGER SKILLS

- ✓ Makes vertical, horizontal, circular strokes with pencil or crayon (30-36 mos.)
- ✓ Turns book pages one at a time (24-30 mos.)
- ✓ Builds a tower of more than 6 blocks (24-30 mos.)
- ✓ Holds a pencil in writing position (30-36 mos.)
- ✓ Screws and unscrews jar lids, nuts, and bolts (24-30 mos.)
- ✓ Turns rotating handles (24-30 mos.)

LANGUAGE

- ✓ Recognizes and identifies almost all common objects and pictures (26-32 mos.)
- ✓ Understands most sentences (24-40 mos.)
- ✓ Understands physical relationships (on, in, under) (30-36 mos.)
- ✓ Can say name, age, and sex (30-36 mos.)
- ✓ Uses pronouns (I, you, me, we, they) (24-30 mos.)
- ✓ Strangers can understand most of words (30-36 mos.)

DATE
OBSERVED

COGNITIVE

- ✓ Makes mechanical toys work (30-36 mos.)
- ✓ Matches an object in hand or room to a picture in a book (24-30 mos.)
- ✓ Plays make-believe with dolls, animals, and people (24-36 mos.)
- ✓ Sorts objects by color (30-36 mos.)
- ✓ Completes puzzles with 3 or 4 pieces (24-36 mos.)
- ✓ Understands concept of "two" (26-32 mos.)

SOCIAL/EMOTIONAL

- ✓ Separates easily from parents (by 36 mo.)
- ✓ Expresses a wide range of emotions (24-36 mos.)
- ✓ Objects to major changes in routine (24-36 mos.)

DEVELOPMENTAL RED FLAGS (24 TO 36 MONTHS)

- ✓ Frequent falling and difficulty with stairs
- ✓ Persistent drooling or very unclear speech
- ✓ Inability to build a tower of more than 4 blocks
- ✓ Difficulty manipulating small objects
- ✓ Inability to copy a circle by 3 years old
- ✓ Inability to communicate in short phrases
- ✓ No involvement in pretend play
- ✓ Failure to understand simple instructions
- ✓ Little interest in other children
- ✓ Extreme difficulty separating from primary caregiver

COMMENTS:

DATE
OBSERVED

COGNITIVE MILESTONES (continued)

- ✓ Engages in fantasy play
- ✓ Understands causality ("I can make things happen")

SOCIAL MILESTONES

- ✓ Interested in new experiences
- ✓ Cooperates/plays with other children
- ✓ Plays "mom" or "dad"
- ✓ More inventive in fantasy play
- ✓ Dresses and undresses
- ✓ More independent

EMOTIONAL MILESTONES

- ✓ Often cannot distinguish between fantasy and reality
- ✓ May have imaginary friends or see monsters

DEVELOPMENTAL RED FLAGS (3 TO 4 YEARS)

- ✓ Cannot jump in place
- ✓ Cannot ride a trike
- ✓ Cannot grasp a crayon between thumb and fingers
- ✓ Has difficulty scribbling
- ✓ Cannot copy a circle
- ✓ Cannot stack 4 blocks
- ✓ Still clings or cries when parents leave him
- ✓ Shows no interest in interactive games
- ✓ Ignores other children
- ✓ Doesn't respond to people outside the family
- ✓ Doesn't engage in fantasy play
- ✓ Resists dressing, sleeping, using the toilet
- ✓ Lashes out without any self-control when angry or upset
- ✓ Doesn't use sentences of more than three words
- ✓ Doesn't use "me" or "you" appropriately

COMMENTS:

